

VA



U.S. Department  
of Veterans Affairs



[#VetResources](#) - for Veterans, their Families, Caregivers and Survivors  
For the latest VA updates on COVID-19, visit [va.gov/coronavirus](https://va.gov/coronavirus)

[SIGN UP](#) for this weekly newsletter. [VIEW/SHARE](#) as a page.

VA Podcast: [VA's Debt Management Center](#)

Live Whole Health: [11-minute guided meditation](#)

VNN: [Women's Health Transition Training, how VA Peer Support Specialists help fellow Veterans](#)

Instagram: [Community Living Center's help their residents FaceTime with families](#)



**#VETRESOURCES**  
**UNMET NEEDS**

Veterans of Foreign Wars provides grants to Veterans for unexpected financial difficulties as a result of deployment or other military-related activity or injury.

The program provides financial aid grants of up to \$1,500 to assist with basic life needs in the form of a grant - not a loan - so no repayment is required.

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[www.VA.gov/VetResources](https://www.VA.gov/VetResources)

## VFW's Unmet Needs Program provides grant funds

Since 2004, the VFW has provided more than \$5 million supporting Veterans and military families who face an unexpected financial hardship related to their military service. The VFW program can directly pay eligible expenses with no obligation of repayment. VFW also provides referrals to other organizations should additional assistance be required.

[LEARN MORE](#)

## Facebook Portals for Veterans



VA, Facebook and American Red Cross provide Portal video calling devices to eligible Veterans, caregivers and families.

[LEARN MORE](#)

[Veterans, friends, and family members diagnosed with COVID-19 and have been symptom-free for 28 days encouraged to donate plasma for other Veterans.](#)

## 5 ways to connect with other Veterans using RallyPoint



2 million members have created almost 6 million online posts about military and Veteran life.

1. Sign up to claim your free profile
2. Ask questions about anything
3. Answer questions from others

[LEARN MORE](#)

[SIGN UP](#)

[Join Under Secretary for VA Benefits Paul Lawrence for several Live Tele-Townhalls](#)

## When isolated at home, reconnect with old Service Friends



[TogetherWeServed.com](https://www.togetherweserved.com) matches you with other Veterans who served in the same units as you at the same time, delivering a list for easy contact. VA Veterans may claim a one year premium membership.

[LEARN MORE](#)

[SIGN UP](#)

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[Explore resources to help manage stress and anxiety](#)

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## Borne the Battle: VA's Debt Management Center



On April 3rd, the VA began implementing the president's directive to extend or suspend all VA Debt Collection due to COVID-19. Joseph Schmitt, director of VA's Debt Management Center, and Jason Hoge, director of operations, break down what this means in this week's Borne the Battle.

[READ MORE](#)

[LISTEN](#)

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[VA is hiring housekeeping positions across the nation](#)

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## COVID-19 VA Financial Relief Actions and Time Limit Extensions



VA is providing options for Veterans and claimants to specifically request extensions on filing dates and requested evidence dates, as well as rescheduling of examinations and hearings. VA is also taking steps to provide Veterans and claimants with financial relief.

[LEARN MORE](#)

[Jared Lyon, National President and CEO of Student Veterans of America \(SVA\) will be on RallyPoint April 16th at 4 p.m. ET to answer questions about GI Bill and student Veterans' concerns - Ask questions here.](#)

Did you know the [National Resource Directory](#) has more than **14,000** vetted resources available to you right now?

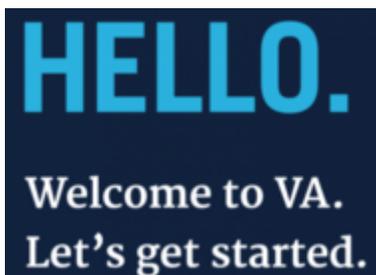
## Vantage Point

- [5 ways to connect using RallyPoint](#)
- [VA employees volunteer to take care of the kids](#)
- [From program participant to program leader, VRE director comes full circle](#)
- [Live Whole Health: Self-care episode #3 – Tai Chi](#)
- [Live Whole Health: Self-care episode #4 – Mindfulness of Breath](#)
- [Live Whole Health: Self-care episode #5 – Music therapy and Movement](#)
- [Live Whole Health: Self-care episode #6 – Relaxation](#)
- [Watches provide health care connections for Veterans](#)
- [Individualized telephone outreach reduces COPD exacerbations](#)
- [VA releases safe firearm storage toolkit in suicide prevention effort](#)
- [Veterans seeking fertility find help at VA](#)
- [Research: “Remarkable improvements” for spinal cord injury Veterans](#)
- [VIDEO: Recruiters share how they can help expedite your application](#)
- [U.S. serviceman helped liberate Nazi concentration camp](#)

## VA News Releases

- [VA announces ‘Fourth Mission,’ actions to help America respond to COVID-19](#)

- [VA mobilizes 3D printing resources nationwide to fight COVID-19](#)
- [VA virtual mental health care use on the rise amid COVID-19](#)
- [VA's Disaster Emergency Medical Personnel System provides surge support to combat COVID-19](#)
- [Karen Brazell to Perform Duties of Assistant Secretary for VA Office of Enterprise Integration](#)



**Find a VA Facility near you.**

[FACILITY LOCATOR](#)

**Not sure where to start?**

[VA WELCOME KIT](#)

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## ***No Veteran Should Be Without a Place to Call Home***

**Free Help for Homeless Veterans** Dial 1-877-4AID-VET (1-877-424-3838) for 24/7 access VA's services for homeless and at-risk Veterans

[Homeless Veteran Chat](#) Confidential, 24/7 online support for homeless Veterans and friends

<https://www.va.gov/homeless> for more information

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## ***Are you a Veteran in crisis or concerned about one?***

Did you know that VA offers same day services in Primary Care and Mental Health at 172 VA Medical Centers across the country? [Make the Connection Resource Locator](#)

**Contact the [Veterans Crisis Line \(1-800-273-8255\)](#)  
and press 1, [Chat](#), or Text 838255.)**

RallyPoint is a great place to [reach out to other Veterans](#) about their mental health. You can discuss topics like [How are you taking care of yourself right now?](#)

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Want to receive this newsletter or other VA updates?



Health Care



Disability



Education and Training



Careers and Employment



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Burials and Memorials



Records

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If you are in crisis and need immediate help, please call 1-800-273-8255 and (PRESS 1) or visit <http://www.veteranscrisisline.net/>.

Please remember the only secure way to ask personal questions is at <https://iris.custhelp.com>.



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